

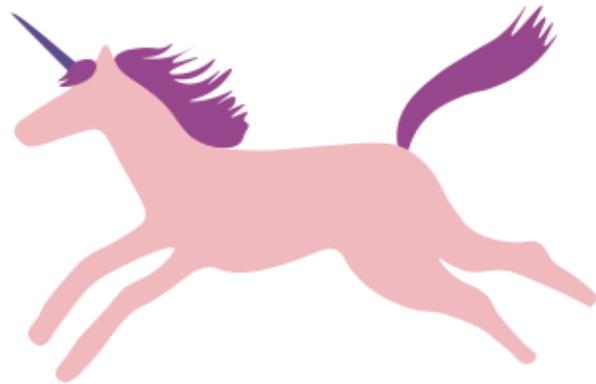
THE UNICORN GAME

Here is a game to get to know yourself better. The only rule is that you must be completely honest with yourself. You win by uncovering what you love: your passions, your motivation, your personal unicorns. Your opponent is your ego. Your prize is invaluable. It is your guide to living your most fulfilling life.

Again, the only rule is complete honesty.

NOW PLAY:

For the following two lists, please identify 5 different instances for each statement.



THINGS THAT LIGHT YOU UP:

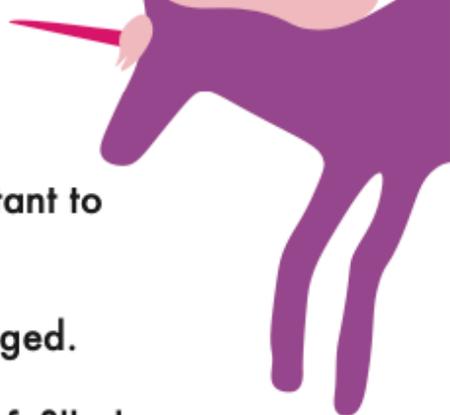
1. When you were having so much fun that you lost track of time.
2. When you were most proud of what you were doing.
3. When you felt so energetic that you could conquer the world.
4. When you felt your contributions mattered.
5. When you couldn't wait to tell someone what you were doing.
6. When you felt completely, authentically yourself.



THINGS THAT DIM YOUR SPARK:



1. When you felt frustrated or resistant to what you were doing.
2. When you felt stuck or disengaged.
3. When you felt depleted instead of fulfilled.
4. When you felt least appreciated.
5. When you had no interest at all in what you were doing.
6. When you felt like you were pretending to be someone else.



EVALUATE & ANALYZE:



Review your lists:

Place them side by side and look for patterns. Notice when you lost track of time/watched the clock. Compare moments of feeling energized versus depleted. Look at when you felt most yourself versus pretending to be someone else. Do you prefer working with people or being alone? Creative tasks or structured ones? Get honest—ask yourself “why?” and dig deeper. This is just for you!

Draw conclusions:

Based on these patterns, consider careers or hobbies that fit. If you love solitude and problem-solving, explore independent roles. If you thrive in social settings and creativity lights you up, look for team-oriented, creative work. Your excitement to share certain activities is often a clue to your true passions.

Feel free to get feedback from others if needed.

Act:

Now that you know what truly fits you, consider making changes. Explore new career paths, hobbies or activities that align with these patterns and bring you joy.



**Dinner & a Night of
Discovering our
Passions & Creating our
2026 Vision Boards**

Books and journals



**VISION
BOARD**

DATE

Travel

Family & Friends

Workout



Positive Affirmations



V **i** **S** **i** **o** **n**

Board Date Night

Dinner on me and an evening of uncovering our passions & creating our 2026 vision

