

“DORM TO DOORSTEP” COLLEGE CARE PACKAGE IDEAS & PRINTABLES



Hilary Afshary

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Welcome College Care Package



DO IT YOURSELF:

You can google any of these items to find great choices on Amazon and other online retailers or take a visit to Dollar Tree, Target, Big Five, etc. Also, you might consider doubling up on some for her/him to share with friends.

Comfort/Inspirational:

1. Favorite Treats/Candy/Gum
2. Fuzzy Socks/New Socks (after the first wash, bound to be a lost one)
3. Lip Balm
4. Face/Eye Masks
5. Encouraging Notes from Family Members
6. New Stuff (heatable one as a bonus for girls especially)
7. Tea or Hot Chocolate
8. Mac & Cheese in a Cup/Mug Cakes
9. Battery Operated Candle (most dorms do not allow open flames)
10. Journal/Pens – A really nice one to consider Let's Get Real
11. Essential Oils & Diffuser
12. Aromatherapy Shower Tablets
13. Cold/Hot Pack
14. Nailcare and Polish
15. Earplugs – in case your roomie snores
16. Emergen-C & Vitamins
17. Sleep Mask
18. Dorm to Doorstep – Tips, Tidbits & Tales Every Young Woman Will Want to Read

DO IT YOURSELF: (Continued)

Fun:

1. Scratch & Play Lottery Card
2. Baking Kits – Just add water
3. Microwave Popcorn and Mini Seasoning Packs
4. Ramen – the official college cuisine
5. Stress Ball
6. Mini Spike Ball
7. Deck of Cards
8. Mini Srachia Keychain – Hot sauce on the go – Helps cafeteria food taste good
9. Magic 8 Ball – when google is just not giving the answer you like
10. Crazy Band-aids
11. Mini cereal flights – Just add milk (or not)
12. Decision Dice – What to do next
13. Monogram, Quote or Favorite Team/Activity Stickers
14. Mini Basketball Hoop/Ball for Trashcan
15. Thinking Putty in Cool Scents
16. Tiny Toolkit - Become dorm hero

Practical:

1. Instant Coffee/Latte Packets
2. Gym Towel
3. Phone Wallet – Big need once they realize they need student ID at all times
4. Water Hydration Packs
5. Roll of TP – For emergency supply shortage – maybe wrap with label: “For Emergencies”
6. Tide-to-Go Pen
7. *Poopouri* or Spray Before You Go Spray
8. Blue Light Glasses
9. Condoms – Hopefully will not need but just in case
10. Lint Roller
11. USB-powered Mini Vacuum for Computer Crumbs
12. Motion-activated Light for Dorm Closet
13. Water Bottle (as inevitably the OG gets lost)
14. Keychain Alarm
15. Mini Stitcher
16. Travel Sized Dry Shampoo
17. Single Serve Peanut/Nut Butter (as long as no allergies)
18. Dry Erase Sticky Notes

Gift Card Inclusions:



I have created FREE printable cards for you to use to attach gift cards - both preppy and fun versions. Simply print **color, one-sided**, trim and use double sided tape to secure gift card.

- ***For When...the Situation Calls for Pumpkin Spice Latte*** – Starbucks or Other Coffee Shop
- ***For When...You Have Late Night Munchies*** – Door Dash
- ***For When...You Need Something Delivered ASAP***– Amazon/Instacart
- ***For When...Your Bank Account is Zero & You Are Starving*** (Nearest Grocery Store)
- ***For When...You Can't Stand One More Cafeteria Meal*** – Chipotle, In N' Out, Noodles (whatever is near)
- ***For When...You Want to Glam Up***– Ulta, Sephora, Target
- ***For When...You Need a Ride*** – Uber/Lyft
- ***For When... You Need An Escape*** – Fandango/Movie Tickets
- ***For When...Retail Therapy is the Only Answer*** – Favorite Clothing Store
- ***For When...Only a Slice Will Save the Day*** – Pizza Hut/Dominos
- ***For When...Stress Hits Really Hard*** – Massage Envy, Class pass, Yoga
- ***For When Only Baked Goods Will Save the Day*** – Crumbl Cookies, Insomnia Cookies, etc.
- ***For When...You Need a Mental Break*** – Bookstore, Gaming or Streaming
- ***For When...You Need a Dance Party*** - Playlist or Music Streaming
- ***For When...That First Case of The Flu Hits*** – Walgreens, CVS, Drugstore
- ***For When...You Need Some Fresh Air*** – Lime Scooter or Bike Rental

If you do not like my labels, here are some others:

- \$2.98
- \$8.75
- \$10.00

Now, not all of us have time to put together a package.

I've got you!

Packages For Purchase (Girls)

- Relaxation Box - \$35.99
- Natural Life Box - \$27.00
- Great assortment from McKay Style - \$50ish Range
- Self Care/Pampering Sets- \$28-78
- Hugs from Home - \$28ish
- Soothing options from NikiMoon - \$27-40
- Sending Sun - \$40-60

Packages for Purchase (Boys):

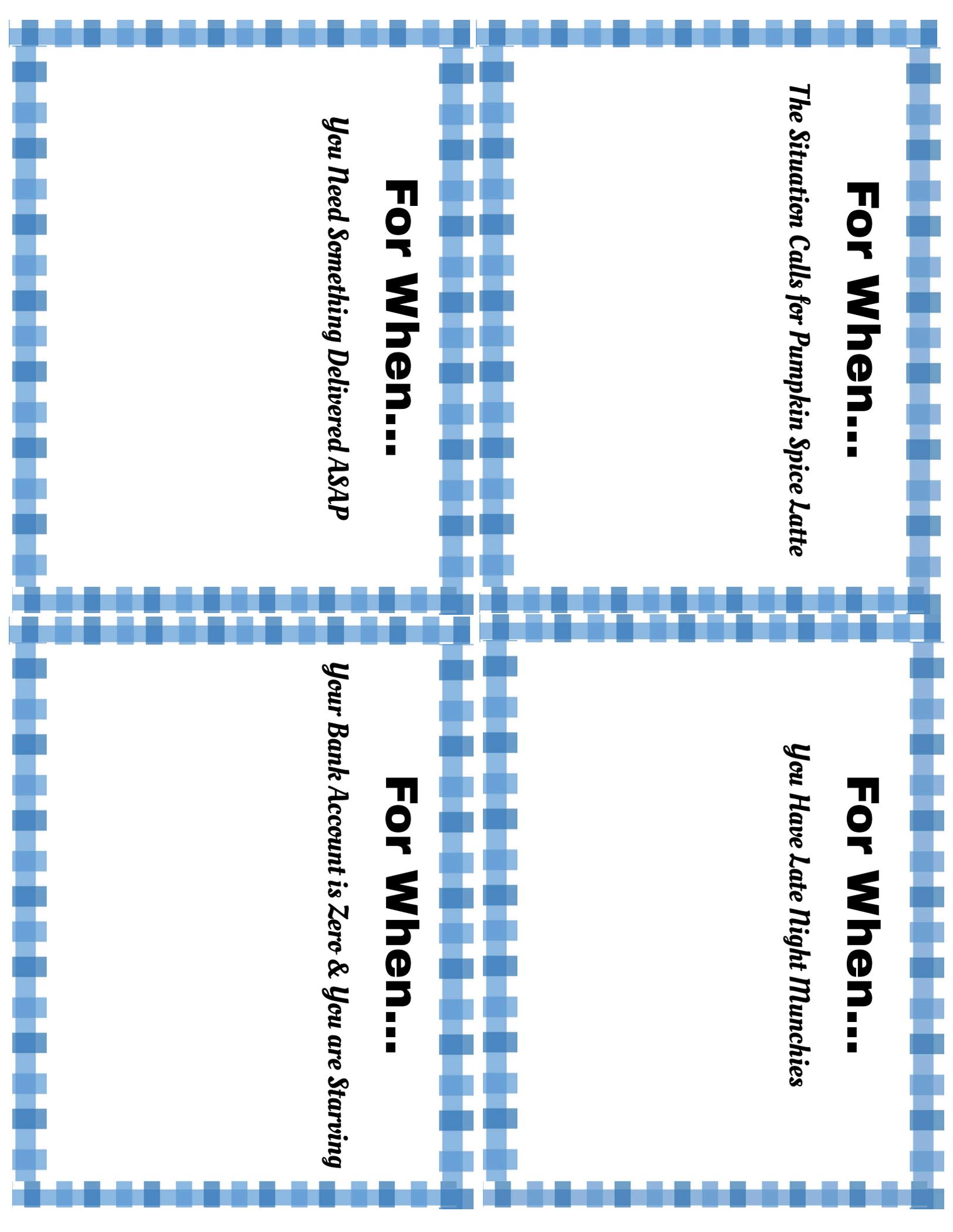
- Sending Sun - \$60
- Don't Do Stupid S%*T - \$60
- Freshman Survival Kit (does contain condoms) - \$45
- The Essentials - \$64
- School Branded Bucket of Essentials - \$88
- Send a Hug Basket (various options) - \$40-50
- Game Day Watch Party Basket - \$61ish

Want to Make Them the Coolest Kid on the Floor - Send Snacks!

- (Kinda) Healthy to Share - \$38 or Healthy to Share - \$28
- Not So Healthy to Share - \$38 or Not So Healthy to Share - \$34

Bonus Ideas (for anytime):

- Set up pizza delivery or DoorDash on a specific night (don't forget to tell them)
- Send or have delivered fresh baked treats
- Deliver a hosted brunch of bagels and coffee



For When...

The Situation Calls for Pumpkin Spice Latte

For When...

You Have Late Night Munchies

For When...

You Need Something Delivered ASAP

For When...

Your Bank Account is Zero & You are Starving

For When...

The Situation Calls for Pumpkin Spice Latte

For When...

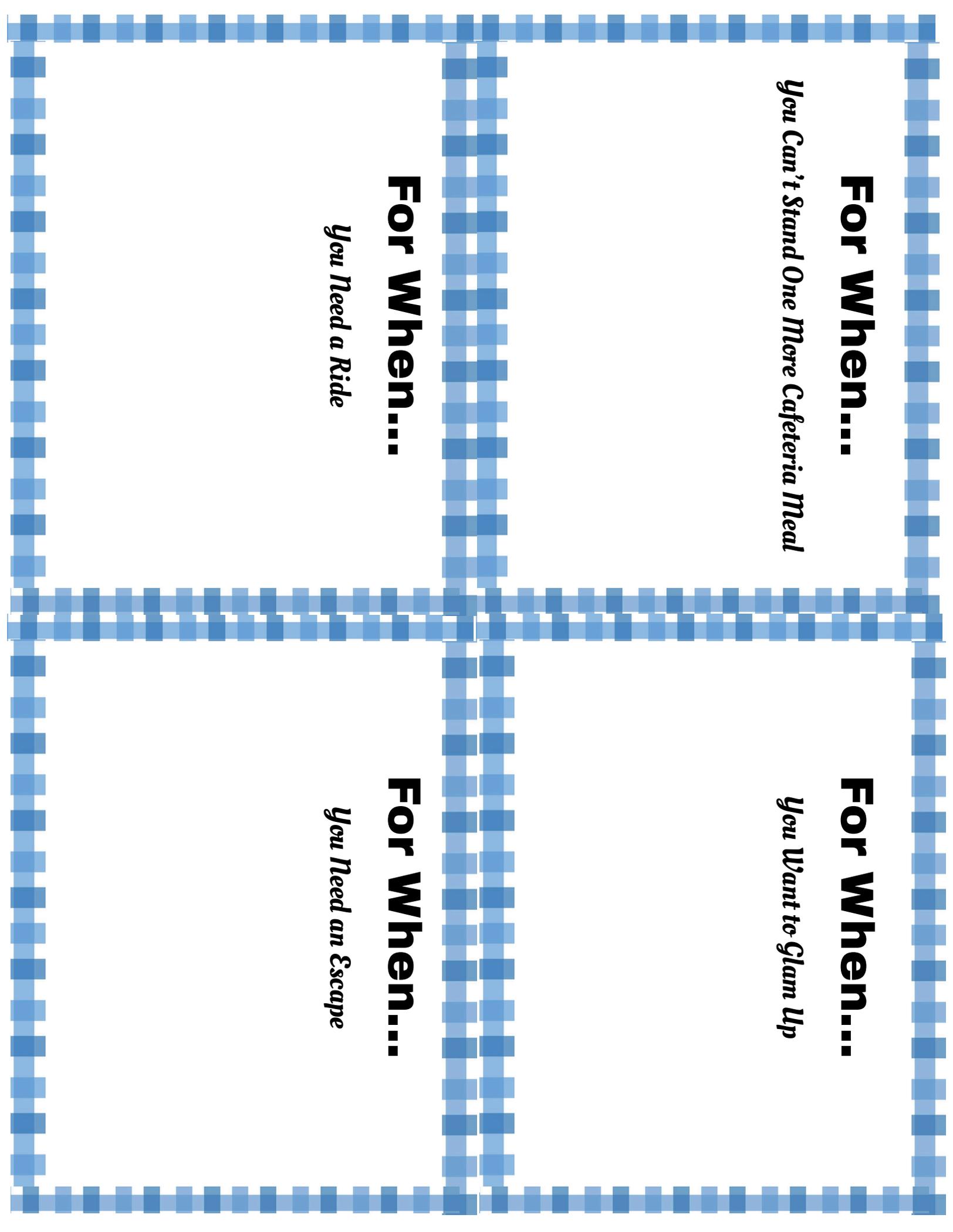
You Have Late Night Munchies

For When...

You Need Something Delivered ASAP

For When...

Your Bank Account is Zero & You are Starving



For When...

You Can't Stand One More Cafeteria Meal

For When...

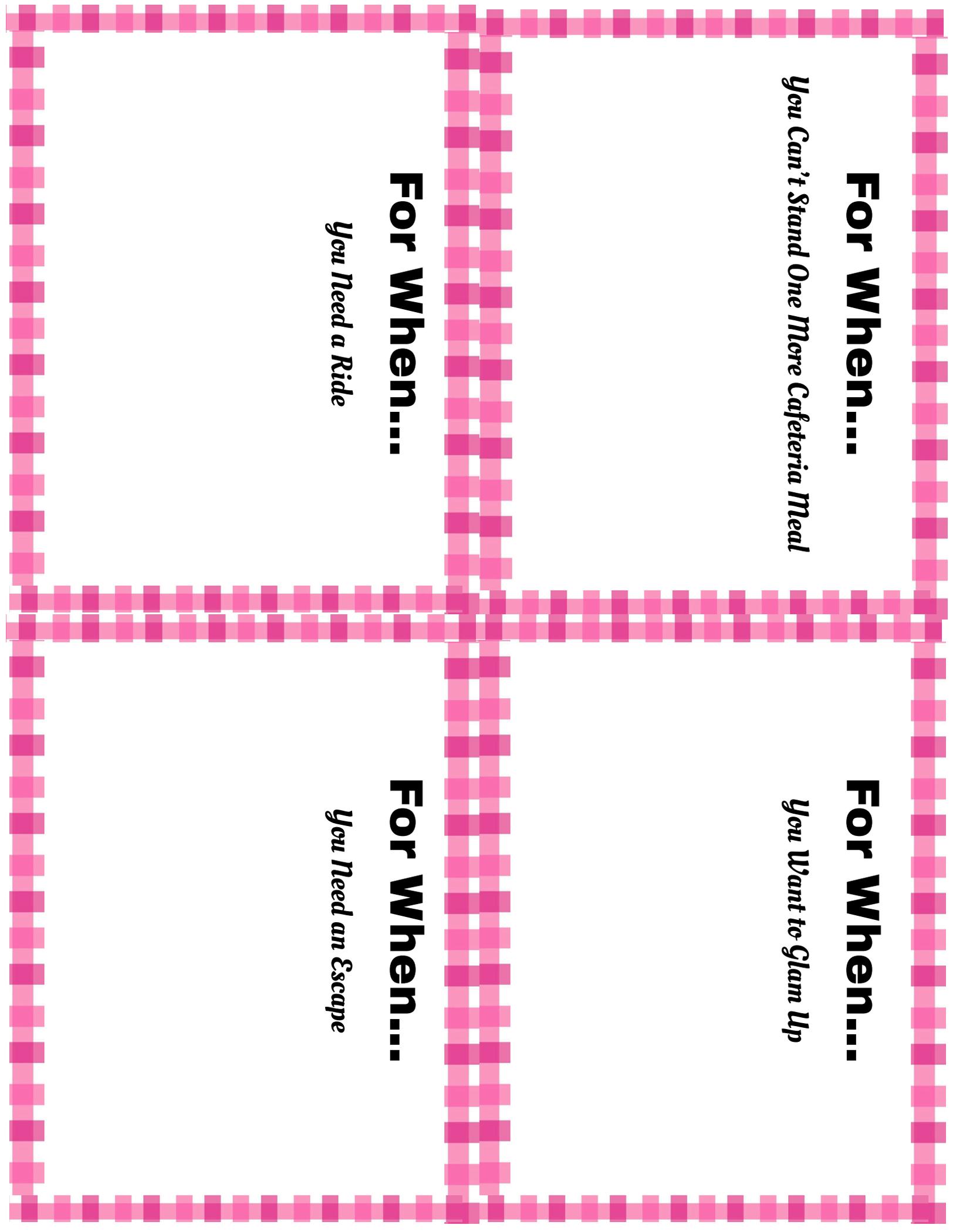
You Want to Glam Up

For When...

You Need a Ride

For When...

You Need an Escape



For When...

You Can't Stand One More Cafeteria Meal

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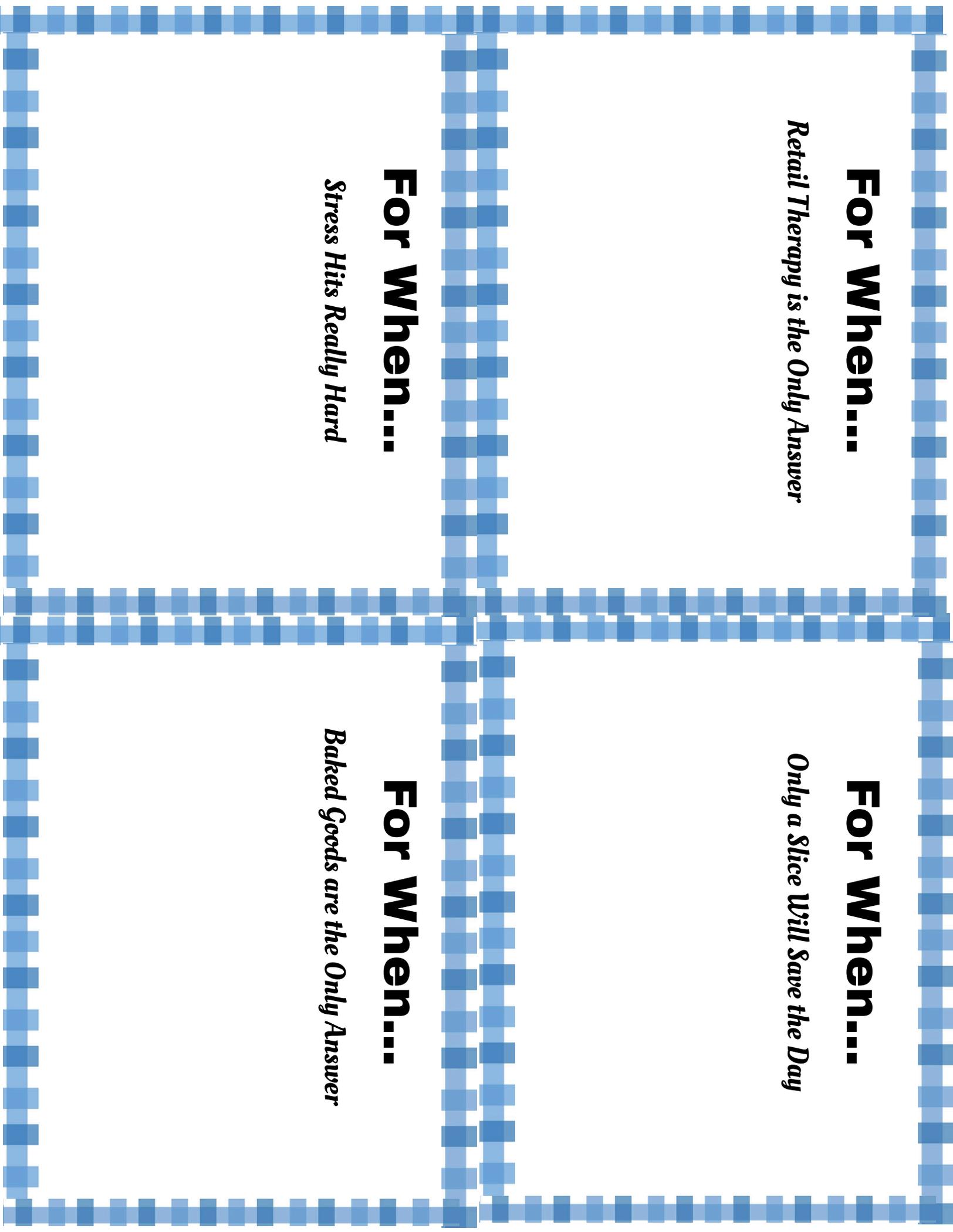
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For When...

Retail Therapy is the Only Answer

For When...

Only a Slice Will Save the Day

For When...

Stress Hits Really Hard

For When...

Baked Goods are the Only Answer

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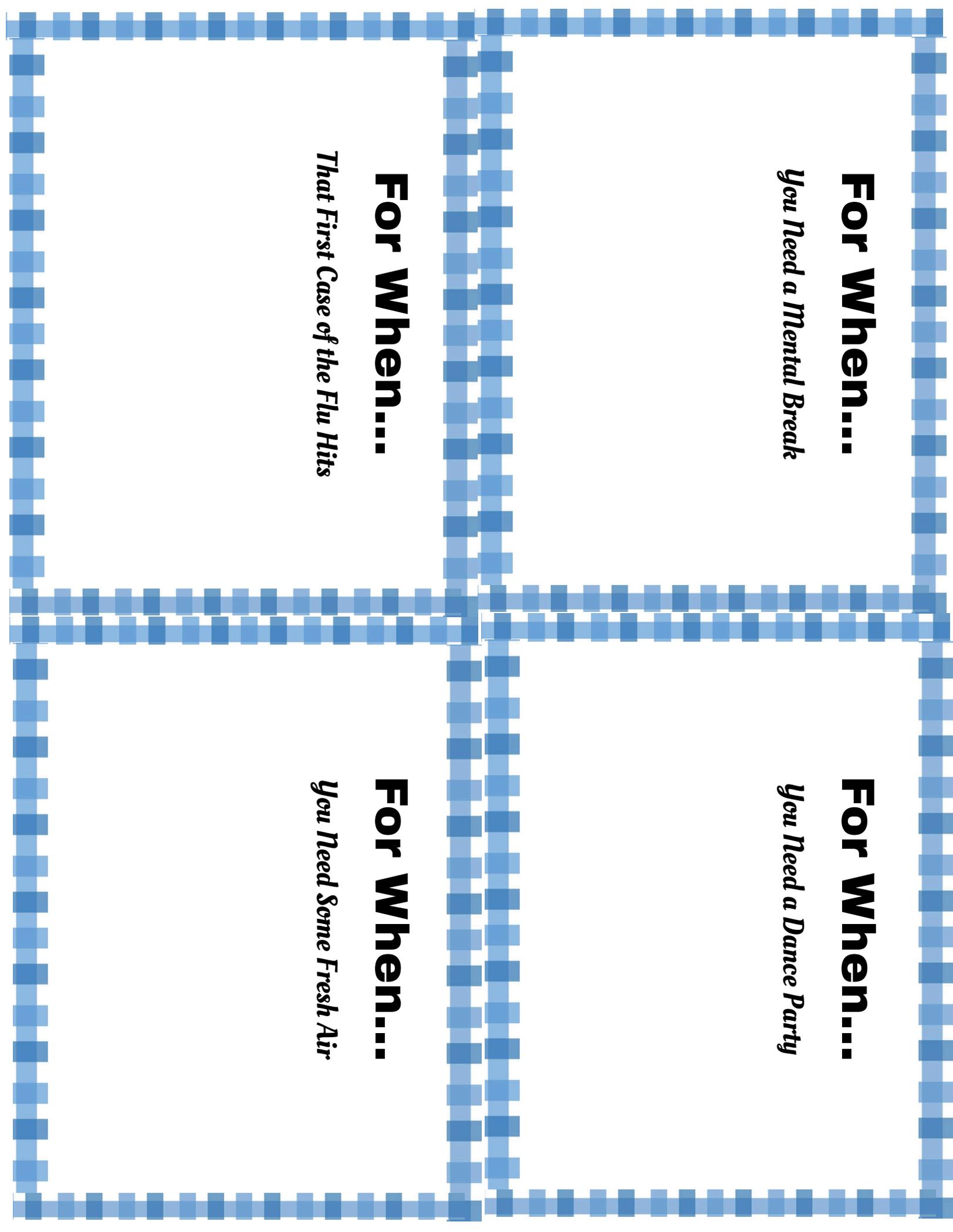
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For When...

You Need a Mental Break

For When...

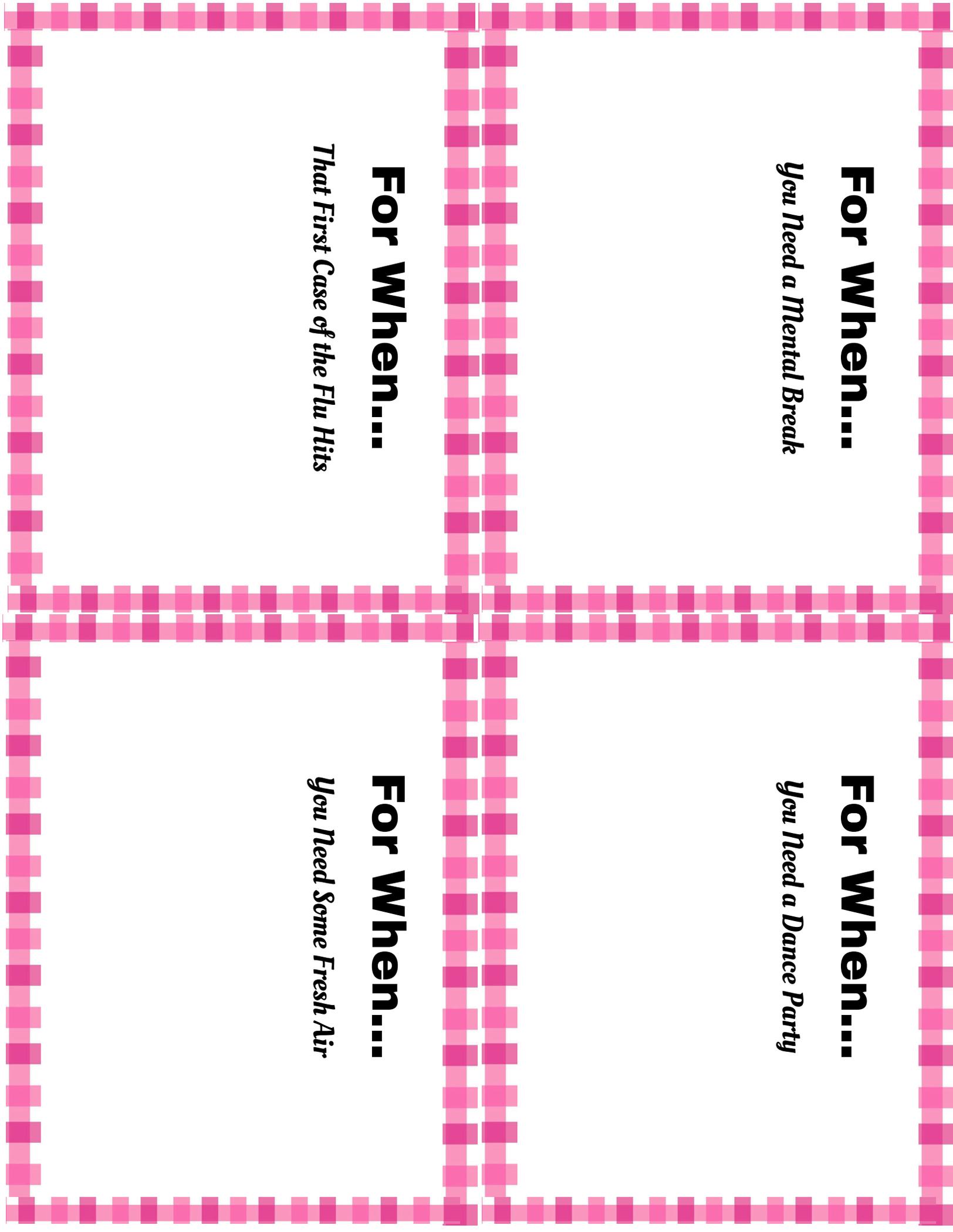
That First Case of the Flu Hits

For When...

You Need a Dance Party

For When...

You Need Some Fresh Air



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For When...

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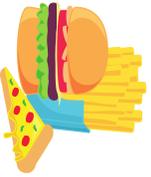
You Need Some Fresh Air

For When...



The Situation Calls for Pumpkin Spice Latte

For When...



You Have Late Night Munchies

For When...



You Need Something Delivered ASAP

For When...



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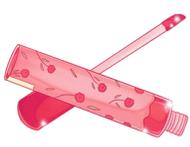
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You Can't Stand One More Cafeteria Meal



For When...

You Want to Glam Up



For When...

You Need a Ride



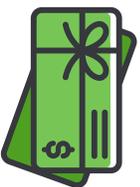
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For When...

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For When...

You Need a Dance Party



For When...

That First Case of the Flu Hits



For When...

You Need Some Fresh Air





A CARE PACKAGE

INSPIRED BY

DOLLAR TREE

- Picture Frame
- Stanley dupe - similar
- Cozy blanket - similar
- Gel Eye Mask
- Face Masks
- Baking Kits - more in store
- Cozy socks
- LED candle
- Wonderful Nuts
- Candy & Snacks
- Dorm Closet Nightlight
- Uno Game



A CARE PACKAGE

INSPIRED BY

TARGET

- Fuzzy Socks - & these & these
- Stanley dupe - similar
- Cozy blanket & these
- Disco Ball Cup (to take to parties with lid).
- Face Masks
- Card Games
- Barebells Protein Bars - taste like Milky Way with 16 g protein
- Tide Pen
- Hand Sanitizer
- Stress Ball - Do not see affordable online



A CARE PACKAGE

INSPIRED BY

AMAZON

- Fuzzy Socks - Can split up for different holidays or these
- Stanley dupe - similar
- Monogram Decal
- Cozy blanket
- Disco Ball Cup (to take to parties with lid).
- Face Masks
- Pink Playing Cards
- LED Candles
- Warmies Stuffy
- Gummy Candy
- Burts Bees Lip Balm



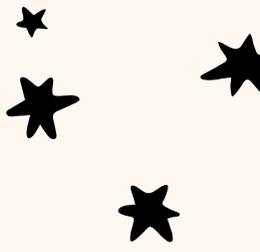
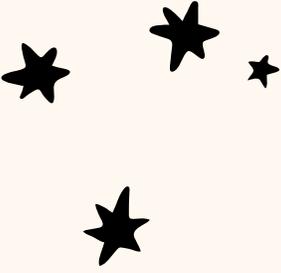
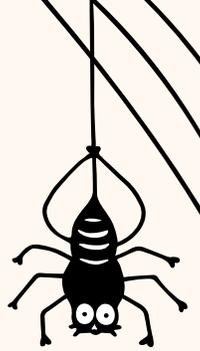
A CARE PACKAGE

INSPIRED BY

WISH GIFTS

SOME GIFTS WERE NOT
AVAILABLE ONLINE -
CALL 720-502-6081 TO
INCLUDE

- Dorm to Doorstep book - Call store
- Corkcicle Cruiser Pink or Berry Punch
- Sour Blackberry Fish
- Eras Tour Playing Cards - Similar
- Eye masks - similar - Call Store
- Cozy socks - Similar. Call Store for exact
- Brown Dog Warmie
- Lip Mask - Call Store
- eNewton bracelet - Call Store
- Edible glitter - Call Store
- Air Freshener - Taylor - Call Store for exact
- Hot/Cold Sleep Mask - Call Store



HOST A
HALLOWEEN
CARE PACKAGE
PARTY!



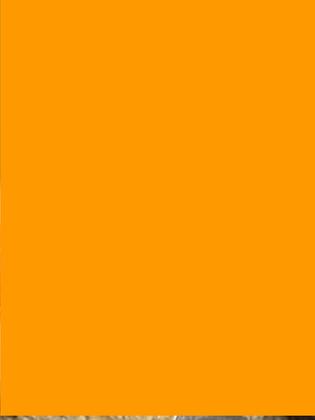


Halloween Care Package Party

Instructions

1. Put together the guest list & location
 - a. Create a Sign Up Genius (please see next page for the exact sample & slots I used. Everyone brings an item in the quantity of the number of care packages being made - we only had one per attendee so if you have parents with more kids, you will need to add that as a note and that parent brings the number of items to correspond with number of packages they are making.
2. Send out an invitation (please see next page for the e-mail text I used and following pages for pictures from my event)
3. Grab boxes (number of care packages being made and tissue paper/stuffing (I typically use the flat rate boxes from USPS (boxes are free) but you can find fun Halloween ones too (See some [here](#)))
4. Create a flyer to include that says Happy Halloween from (add names of Moms who participated)
5. Day of: Set up in dining room with a station for each item.
6. Welcome guests and put together packages, chats & has fun
7. Each person takes takes their package (s) & mails it.





HALLOWEEN CARE PACKAGE PARTY SIGN UP GENIUS & E-MAIL SAMPLES



Personal

Halloween Care Package Party

HA Hilary Afshary

Contact

Please join me at my house ([REDACTED]) n. to get something special ready to send to our cute College Coeds! (And, drown our sorrows missing them over a glass of wine). Here is the skinny:

1. Choose an item below to bring - you will need one of each item for the number of people signed up to come (unless a gift card - please just buy number indicated)- I will confirm this by October 7th. (so please get in your RSVP)
2. Bring your item that evening - I will have Medium Priority Mail boxes, tape and labels as well as tissue paper to package the items. Please keep in mind that the boxes are not huge so the items need to be fairly small. The dimensions of the box are 11 x 8 3/4 x 6.

I will have light refreshments and holiday music playing to get you in the spirit!

Available Slot

Starbucks Pumpkin Spice Latte Gift Card

All 4 slots filled

Please bring 3 \$5 GC to Starbucks

Home Baked Good

All 2 slots filled

Whip up a yummy treat!

Halloween Candy

All 2 slots filled

Please bring candy to put in the boxes

Halloween Decor

All 2 slots filled

Bring something fun to decorate their room

Something Else

3 of 4 slots filled

This is a creative group so if you have an idea :))) Like Apple Cider packets, more candy or silly item (fake teeth, glow rings etc.)

EMAIL TO SEND WITH LINK TO SIGN UP GENIUS

PLEASE JOIN ME ON OCTOBER 18TH FOR SOME WINE AND CHEESE AND TO PUT TOGETHER HALLOWEEN CARE PACKAGES FOR OUR COLLEGE KIDDOS. PLEASE USE THE SIGN UP GENIUS TO BRING SOMETHING FOR THE CARE PACKAGE AND RSVP. (1 ITEM PER CARE PACKAGE YOU ARE MAKING) IF YOU ARE MAKING TWO, TWO ITEMS

HOPE TO SEE YOU ON THE 18TH!

XO, HIL

HALLOWEEN CARE PACKAGE PARTY SIGN UP GENIUS LINK



A CARE PACKAGE

INSPIRED BY

DOLLAR TREE

- Fuzzy Socks
- Throw Blanket - similar
- Door Hanging - similar
- Window Clings
- Spider Rings
- Spider Clips
- Hairbands - Similar
- Velvet Pumpkins & these - others only available in store
- Metallic skeleton
- Candy & Snacks
- Moon Pies - caramel & pumpkin in store
- Halloween Rings
- Fun Flute



A CARE PACKAGE

INSPIRED BY

TARGET

- [Fuzzy Socks](#) - this is just one - there are many
- [Throw Blanket](#) - similar
- [Novelty pillow](#) - there are many
- [Hand Towels Glow in the Dark](#) - there are many
- [Decoupage Pumpkin Kit](#)
- [Favorite Day Candy](#) - will bring up others at bottom of page
- [Mini Halloween Gingerbread House](#)
- [Candy Bento Box](#)
- [Mac & Cheese](#)
- [Barebells Protein Bars](#)
- [Disco Ball Cup](#)



GENERAL IDEAS

- Glow in the dark decor & items
- Lottery tickets
- Candy & treats (homemade & bought)
- Window clings & decorations
- Gift cards (see holder templates below)
- Fuzzy socks, blankets & stuffies
- Lip balm, Emergen-C, protein bars, Mac & cheese cups
- Halloween rings, masks, headbands, clips, etc.
- Room decor and mini pumpkins
- Microwave popcorn, apple cider mix
- Pumpkin Spice anything
- Get creative!!

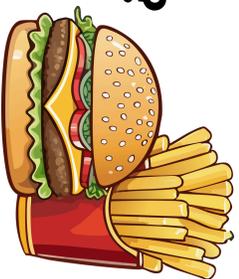
**Pumpkin spice and everything nice
(on me)**



**You've been boo'd...
with shopping money!**



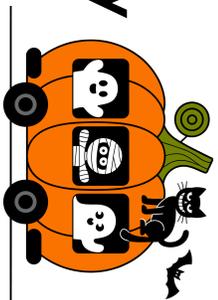
Boo-urgers & fries, anyone?



Have a fang-tastic pizza night



Hocus pocus, focus on safety



No tricks, just flicks.



**Fright night fuel, delivered
right to your lair.**

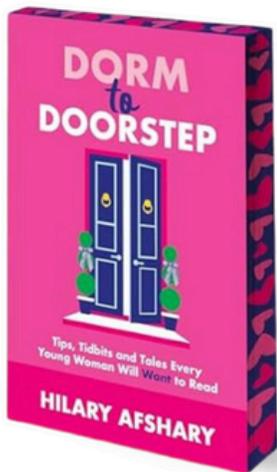


**Get spellbound
in a new book**



Thank You So Much for Using the “Dorm to Doorstep” College Care Package Guide & Printables.

A Must Read for Young Women Ages 15-20



Dorm to Doorstep serves as a personal cheerleader to the young woman starting life on her own.

Every page is bright just like the future - fun, humorous and filled with advice Moms want to give including moments of RED - cold, hard truths that pop up when a reality check is needed.

The perfect guidebook to go from *What Now?* to *I Got This!*

HilaryAfshary.com

What Buyers Are Saying

Adorable Gift!

Every High School & College Girl Should Have ... NO ... Must Have This Book.

This book is an absolute gem ... the perfect gift for anyone starting to adult - with style and grace!

Dorm to Doorstep is exactly what students need right now—digestible, smart, and refreshingly honest.

A Must Read!



Learn more “Dorm to Doorstep” & get more free resources on my website